

Freedom from Demonic Influence – What Does the Bible Say?

Life Church Aruba – Jesus at the Centre

WHAT ARE DEMONS?

Demons are fallen spirits. They are disembodied beings that desire to inhabit and control human bodies to express their evil nature. They do not rest until they find someone to influence, oppress, or possess.

"And the demons came out of the man and entered the pigs, and the herd rushed down the steep bank into the lake and drowned." – Luke 8:33

OPPRESSION VS. POSSESSION

- Oppression: A person can be attacked or influenced by demonic forces from the outside. This can manifest through fear, anxiety, depression, addiction, and confusion.

- Possession: This happens when a demon inhabits a person and begins to exert control over their will, emotions, and actions.

"How God anointed Jesus of Nazareth with the Holy Spirit and power, and how He went around doing good and healing all who were under the power of the devil, because God was with Him." – Acts 10:38

HOW DO DEMONS ENTER?

1. Drug Use

Drugs alter your state of consciousness and open spiritual gateways.

"Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour." – 1 Peter 5:8

2. Witchcraft and Occult Practices

Engaging with the occult — like witch doctors, fortune-telling, horoscopes, or spells — gives legal ground to demons.

"Let no one be found among you who... practices divination or sorcery... Anyone who does these things is detestable to the Lord." – Deuteronomy 18:10-12

3. Trauma

Deep emotional wounds and traumas can create spiritual openings.

"The Spirit of the Sovereign Lord is upon Me... He has sent Me to bind up the brokenhearted." – Isaiah 61:1

4. Sexual Sin

Fornication, adultery, pornography, and all forms of sexual immorality defile the body and open doors to unclean spirits.

"Do you not know that he who unites himself with a prostitute is one with her in body? ... But whoever is united with the Lord is one with Him in spirit." – 1 Corinthians 6:16-17

WHAT SHOULD WE DO?

As believers in Christ, we have spiritual authority over demons through the power of the Holy Spirit and the name of Jesus. We are not powerless!

"And these signs shall follow those who believe: In My name they will cast out demons..." – Mark 16:17

"Submit yourselves, then, to God. Resist the devil, and he will flee from you." – James 4:7

CONCLUSION

The spiritual realm is real. Demons are real, but Jesus has already defeated them. Through the cross, His blood, and the authority of His name, we can walk in freedom and help others do the same. We are called to bring deliverance to the oppressed and demonstrate the power of God in this world.

"There is no fear in love. But perfect love drives out fear..." – 1 John 4:18

Let us walk boldly in truth, power, and compassion, knowing that He who is in us is greater than he who is in the world.