

A Walk with Jesus

5 Steps for a Vibrant Walk with Jesus

1. Forgive as Jesus Forgave You

Forgiveness is not a feeling, it is a choice. Jesus forgave us while we were still sinners (Romans 5:8). When we forgive others, we reflect the grace we've received. Unforgiveness hardens the heart and blocks intimacy with God.

Key Scriptures:

- Ephesians 4:32
- Matthew 6:14-15
- Colossians 3:13

Ephesians 4:32: Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

Matthew 6:14-15: For if you forgive other people when they sin against you, your heavenly Father will also forgive you. But if you do not forgive others their sins, your Father will not forgive your sins.

Colossians 3:13: Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.

2. Do Not Speak Evil - Bless Instead

Words have the power of life and death (Proverbs 18:21). Gossip and negativity quench the Spirit. God calls us to speak words that build up, not tear down.

Key Scriptures:

- Ephesians 4:29
- Proverbs 18:21
- Romans 12:14
- James 3:2

Ephesians 4:29: Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

Proverbs 18:21: The tongue has the power of life and death, and those who love it will eat its fruit.

Romans 12:14: Bless those who persecute you; bless and do not curse.

James 3:2: We all stumble in many ways. Anyone who is never at fault in what they say is perfect, able to keep their whole body in check.

3. Pray Continually

Prayer is the breath of a living faith. It connects us to the heart of the Father. Through prayer we receive strength, peace, and direction.

Key Scriptures:

- 1 Thessalonians 5:17
- Philippians 4:6
- James 5:16b
- John 15:4

1 Thessalonians 5:17: Pray continually.

Philippians 4:6: Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

James 5:16b: The prayer of a righteous person is powerful and effective.

John 15:4: Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me.

4. Spend Daily Time with God

Relationships grow through time and presence. Daily time with God through the Word and worship nourishes your spirit and keeps you rooted in His truth.

Key Scriptures:

- James 4:8

- Luke 5:16

- Psalm 119:105

- Psalm 1:2-3

James 4:8: Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double-minded.

Luke 5:16: But Jesus often withdrew to lonely places and prayed.

Psalm 119:105: Your word is a lamp for my feet, a light on my path.

Psalm 1:2-3: But whose delight is in the law of the Lord, and who meditates on his law day and night. That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither-whatever they do prospers.

5. Learn to Pray Like Jesus

The disciples asked Jesus, 'Lord, teach us to pray.' Jesus gave them a model that reflects intimacy, worship, dependence, and surrender.

Key Scriptures:

- Luke 11:1

- Matthew 6:9-13

- Luke 22:41-42

Luke 11:1: One day Jesus was praying in a certain place. When he finished, one of his disciples said to him, 'Lord, teach us to pray, just as John taught his disciples.'

Matthew 6:9-13: 'Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on

earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one.'

Luke 22:41-42: He withdrew about a stone's throw beyond them, knelt down and prayed, 'Father, if you are willing, take this cup from me; yet not my will, but yours be done.'